

Вариант 1

Тест состоит из 50 заданий и рассчитан на 60 минут.

I. Прочтите текст, выберите единственный правильный ответ на вопросы, следующие за текстом.

(задания 1-5)

FIT FOR FAME

He's the man who keeps stars in good shape. But Matt Roberts is more than just a fitness trainer. At 29, Matt Roberts is Britain's leading personal trainer. His clients include the rich and the famous: people like supermodel Naomi Campbell and Mel C, the former singer with pop group Spice Girls. He has already published two books about fitness and he is about to launch his own range of health and fitness products.

Unlike many of his clients, Mat has always been sporty. His father, John Roberts, played professional football for top London club Arsenal in the early seventies, and Matt looked set to follow his footsteps. Then, during an athletics match at school, his plans suddenly changed when he was knocked on the head by a stray discus. Doctors ruled out team sports from then on, and for a few months he got no exercise at all. This gave Matt a brief taste of what's it like to be out of condition. After that he decided to focus on another activity he had always excelled at: sprinting.

Matt trained hard and once even represented England, but already by the age of 16, he had set his sights on becoming fitness trainer with his own gym. He recalls: 'When my injury meant I wasn't getting any exercise. I just wasn't myself. It's the same for people who are overweight or unfit. They aren't themselves.' For Matt remains convinced that fitness is the basis of a full and happy life.

After leaving school, Matt went to the USA. This was a lucky move because his arrival coincided with the rise in the fashion for personal trainers amongst celebrities, and he became one of the pioneers in the field. His first big break came when a rock star who was preparing for a world tour employed him full-time. 'It was a great experience,' Matt recalls, coming up with the entire health package for somebody. But intense.' He's careful, however, even now, not to give away his employer's identity. And it is this acceptance of the confidential nature of their relationship that his clients value highly, perhaps even more than the training itself. So it comes as no surprise that news of his skills spread through word-of-mouth recommendations,

After six months, Matt moved back to London, where he built up a base of clients, whom he trained in their homes, before spotting the premises he was looking for in the city's fashionable Mayfair district. As he was only 22, the banks wouldn't lend Matt the start-up money he needed and suppliers wouldn't lease equipment. But Matt worked hard to save the capital and moved into what it would be the first of his chain of gyms.

'It's great to see the results in clients,' Matt says. I see myself more as a training partner. I don't think the pupil-teacher thing works with most people.' He's probably right there, but it's clear to me, that the best trainers are also psychologists of a kind, achieving the kind of mental transformation that changes a coach potato into a gymnast, helping us find the inner athlete just waiting to burst free.

But there are trainers and trainers. The \$40-an-hour trainer in your local gym may not offer quite the same results as Matt, who charges between \$80 and \$110. What's more, he says he only knows of seven or eight really good trainers in the UK, adding 'although of course there might be a lot of good people I haven't come across.'

But if you can't afford a top trainer, you could, of course, try Matt's 90-Day Fitness Plan. As his editor insists: 'He's the real thing! As you read Matt's books, you can almost hear him pushing you on.' Matt Roberts seems determined to broadcast the good news about health and fitness beyond his client base – which is a sincere, if also a profitable, objective. One can't help but think, however, that even the best exercise book is bound to be less effective than one-to-one sessions with the man himself.

1. Why did Matt decide not to follow a career in football?

- 1) He realised it was a dangerous sport.
- 2) He was advised against it for medical reasons.
- 3) He discovered he was better suited for athletics.
- 4) He didn't want to do the same thing as his father

2. According to the article, when Matt went to the USA

- 1) he was able to take advantage of a new trend.
- 2) he was the first trainer to attract celebrity clients.
- 3) he was sure to find work as a personal trainer.
- 4) he made good contacts amongst fashionable trainers.

3. What approach to training does Matt adopt?

- 1) He seeks to change people's attitude.
- 2) He tries to teach people the best methods.
- 3) He works with people to achieve results.
- 4) He expects people to follow his example.

4. What's Matt's view of other personal trainers?

- 1) Cheaper ones may be just as good.
- 2) He prefers not to comment on them.
- 3) There may now be too many of them.
- 4) Few offer a service comparable to his.

5. In the last paragraph the writer suggests that

- 1) Matt believes in the benefits of using his books.
- 2) Matt has plans to televise his book in future.
- 3) Matt's books are amongst the best on the market.
- 4) Matt's books should be used together with a trainer.

II. Выберите единственный правильный вариант из предложенных для заполнения пропуска.

(задания 6-35)

6. The _____ of more than a hundred major industrial corporations _____ located in Golden Triangle.

- 1) headquarters, is
- 2) headquarter, are
- 3) headquarters, are
- 4) headquarter, is

7. I don't think he was distinguished at all, except for his kind heart, and his _____ face.

- 1) funny, good-humoured, round
- 2) round, funny, good-humoured
- 3) good-humoured, round, funny
- 4) funny, round, good-humoured

8. His imagination was at least _____ active as _____ .

- 1) so, our
- 2) so, your
- 3) as, ours
- 4) such, ours

9. If we don't walk _____ , we'll never arrive on time.

- 1) faster
- 2) more fast
- 3) fastly
- 4) fastlier

10. The crops are high, they _____ need care, so peasants work _____.

- 1) constant, hard
- 2) constantly, hardly
- 3) constantly, hard
- 4) constant, hardly

11. You've lived in Texas _____ to see how things are done.

- 1) enough long
- 2) long enough
- 3) enough longer
- 4) long too

12. He was sent to _____ prison for _____ shoplifting.

- 1) the, a
- 2) the, the
- 3) _ , _
- 4) the, _

13. In London we stayed at _____ Royal Hotel in _____ Albert Street near _____ Trafalgar square.

- 1) the, _ , _
- 2) _ , the, the
- 3) the, the, the
- 4) _ , _____ , the

14. _____ Moscow of _____ 1990's is nothing compared to _____ Moscow of 1955.

- 1) _____ , the, _____
- 2) _____ , _____ , _____
- 3) The, _ , the
- 4) The, the, the

15. I told them what _____ was to do in case of an emergency.

- 1) every
- 2) each
- 3) other
- 4) another

16. On Sundays in Europe the poorest person wears _____ clothes.

- 1) his own's best
- 2) his' best
- 3) the better of own
- 4) his best

17. Two of our big company left, _____ stayed for the night.

- 1) anothers
- 2) others
- 3) the others
- 4) other

18. I was pleased to see my old college friends at the conference last week as we _____ each other since we _____ our course.

- 1) didn't see; have finished
- 2) hadn't seen; finished
- 3) haven't seen; had finished
- 4) saw; finished

19. I couldn't help _____ he was asking for trouble.

- 1) to think
- 2) think
- 3) being thought
- 4) thinking

20. That bingo hall _____ a cinema.

- 1) used to being
- 2) used as
- 3) used to be
- 4) was used to being

21. I _____ to have an opportunity to talk to you for a few days.

- 1) had been waiting
- 2) am waiting
- 3) was waiting
- 4) have been waiting

22. It's ages since he _____ to his mother-in-law.

- 1) speaks
- 2) spoke
- 3) has spoken
- 4) has speaking

23. Bill admitted that if he _____ the instructions he _____ what to do.

- 1) had, would know
- 2) has, would have known
- 3) had had, will know
- 4) had, knows

24. When this street _____ the residents _____ awake all night by the roar of the traffic.

- 1) is widened; are being keeping
- 2) was widened; were keeping
- 3) has been widened; will be kept
- 4) will be widened; will keep

25. You _____ if you _____ on causing trouble!

- 1) will get punished; go
- 2) will have punished; will go
- 3) get punished; won't go
- 4) will be punishing; go

26. _____ that the company _____ profitable in the New Year.

- 1) It is expected, will become
- 2) There is expected, will becoming
- 3) It is expecting, becomes
- 4) It was expected, will become.

27. I don't know how the cat _____ get through the window, but it did.

- 1) managed to
- 2) might
- 3) can
- 4) should

28. "We waited outside for half an hour, but it was no good. We didn't meet him." - "What a pity! That disappointing."

- 1) ought to have been
- 2) had to be
- 3) should be
- 4) must have been

29. Surely, he _____ about the wedding!

- 1) mustn't have forgotten
- 2) needn't to forget
- 3) is not forget
- 4) can't have forgotten

30. I'm afraid I have no idea where Diana has gone. I wish I _____.

- 1) do know
- 2) will know
- 3) know
- 4) knew

31. I was as awkward and shy with her as if I _____ poor Henry.

- 1) had wounded
- 2) have wounded
- 3) were wounded
- 4) had been wounded

32. The firm _____ all its money if it _____ Mr. Black's advice.

- 1) would have lost, had followed
- 2) might have lost, follows
- 3) lost, has followed
- 4) will lose, will follow

33. Don't listen _____ him - he doesn't know anything _____ it.

- 1) for; on
- 2) __; in
- 3) to; about
- 4) to; at

34. Many young people dream _____ a career of modeling.

- 1) at
- 2) to
- 3) on
- 4) about

35. Outside the restaurant we came _____ a man doing a fire-eating performance.

- 1) onto
- 2) at
- 3) around
- 4) across

III. Выберите единственный правильный вариант из предложенных для заполнения пропуска.

(задания 36 - 50)

36. You could tell they were in love by the way they walked along hand in hand and kept into each other's eyes.

- 1) glancing
- 2) gazing
- 3) peeping

37. A flight from Moscow to Magadan _____ eight hours.

- 1) takes
- 2) wastes
- 3) occupies

38. In Stockholm people make great _____ of the islands traveling there to walk, ride, cycle, and swim, sail and fish in large numbers.

- 1) part
- 2) help
- 3) use

39. A Sunday picnic with the family may _____ relatively spontaneous and relaxing.

- 1) seem
- 2) take
- 3) do

40. Baseball is a very democratic _____ of game.

- 1) bunch
- 2) branch
- 3) sort

41. At the cinema I don't like sitting too near the _____ .

- 1) film
- 2) screen
- 3) stage

42. The London Tea Trade Centre is on the north _____ of the River Thames.

- 1) bank
- 2) border
- 3) shore

43. The media are _____ in the search for popular application of new technologies.

- 1) leads
- 2) leaders
- 3) headings

44. Various national newspapers in Britain vary in the type of news they report and the _____ they report it.

- 1) plan
- 2) clue
- 3) way

45. Voting for strike _____ must be done by secret ballot.

- 1) performance
- 2) session
- 3) action

46. The White House, which was originally _____ Executive Mansion, was built in pale grey sandstone.

- 1) titled
- 2) named
- 3) corresponded

47. Private schools sometimes aren't _____ the deprivation parents have to go through to afford them.

- 1) worse
- 2) wealth
- 3) worth

48. Medieval universities often had many thousands of students and played an important role in _____ affairs.

- 1) people
- 2) public
- 3) popular

49. Several environmental organisations participate in public hearings, stage demonstrations, disseminate information, and purchase _____ for preservation.

- 1) soil
- 2) land
- 3) ground

50. Organized environmentalism began with the conservation movement in the late XIXth century, which urged the establishment of state and national parks and forests, wildlife refuges, and national monuments intended to preserve natural _____.

- 1) feathers
- 2) features
- 3) feasts

